



## Psychiatry / Psychology List

The following is a list of specialists recommended by The Pediatric Center. Please remember to verify your insurance is accepted when making an appointment. Also, most Psychiatrists /Counselors that do not accept insurance will provide an invoice that can be submitted to the insurance company by the policyholder for partial reimbursement. Be sure to verify "Mental Health" coverage and benefits with your insurance provider.

1. **Access Counseling Service of Columbia** – [www.accesscounselingcolumbia.com](http://www.accesscounselingcolumbia.com)  
(410) 995-5555 / F: (410) 955-5556

Specialties: ADHD, Anxiety, Depression, School Struggles, Behavioral Disorders and more.

Location: 5560 Sterrett Place  
Suite 201  
Columbia, MD 21044

Providers: Jeffrey L. Moss, Ph.D. Kate Scanner, ACSW, LCSW-C  
Suzanne Lescht, LCSW-C Randye Solomon-Brittain, LCSW  
Courtney Ray, LCSW-C Gina Robinson, LCSW-C

*\*\*Participates with most major insurance plans\*\**

2. **Baltimore Counseling Center** – Dr. Robert Benedek  
(410) 426-6370 / F: (410) 426-3491

Location: 6310 Harford Rd.  
Baltimore, MD 21214

*\*\*Participates with most major insurance plans- including Medical Assistance\*\**

3. **Bethany Counseling – Dr. Thomas K. Swisher, J.D., Ph.d**  
(410) 465-8985

Specialties: Eating disorders, depression and suicide, violence and delinquency, underachievement

Location: 9925 Postwick Road  
Ellicott City, MD 21042

4. **Bowman, Fran** – [www.bowmaneducationalservices.com](http://www.bowmaneducationalservices.com)  
(410) 290-5955 / F (410) 290-5958

Specialties: Tutoring, Educational Evaluations, Speech-Language Evaluations, Dyslexia, ADHD. Educational Coaches available.

Location: 10440 Shaker Dr. 1122 Kenilworth Dr.  
Suites 108 & 109 Suite 408  
Columbia, MD 21046 Towson, MD 21204

**5. Cedar Ridge Counseling Center** – [www.cedarridgecounseling.com](http://www.cedarridgecounseling.com)  
(410) 552-0773 / F (410) 549-3197

Locations: 9199 Reisterstown Rd. 1311 Londontown Blvd.  
Suite 105B Suite 130A  
Owings Mills, MD 21117 Eldersburg, MD 21784

6724 Holabird Ave. 2 Locust Lane  
Dundalk, MD 21222 Westminster, MD 21157

*\*\*Participates with most major insurance plans – does NOT accept Medical Assistance or Medicaid\*\**

**6. Century Mental Health** – [www.centurymentalhealth.com](http://www.centurymentalhealth.com)  
(410) 730-0552

Specialties: Adolescent Anxiety/ADHD, Autism, Behavior Problems, Depression, OCD, PTSD, School Issues

Location: 5570 Sterrett Place  
Suite 101  
Columbia, MD 21044

Providers: Dr. George Carlson, PhD, LCSW-C Karen Helfrich, LCSW  
Jane Carlson, LCSW Suzanne Ricklin LCSE-C, BCD, CEDS  
Tammy Goldberg, LCSW-C Tamara Lubliner, LCSWC-C, BCD

*\*\*Very limited participation with insurance plans\*\**

**7. Collaborative Counseling Center** – [www.collaborativecounselingcenter.com](http://www.collaborativecounselingcenter.com)  
(443) 546-4000

Location: 5560 Sterrett Place  
Suite 201  
Columbia, MD 21044

Providers: Dr. Brett Greenberger, MD Rachel Schmidt, PsyD  
Emily Greenberger, LCSW-C Brad Bernstein, LCPC

*\*\*Not participating with any insurance plan; Accepts Health Savings Cards and Flexible Spending Account Cards\*\**

**8. Columbia Counseling Center** – [www.counselingmaryland.com](http://www.counselingmaryland.com)  
(410) 992-9149

Specialties: Depression, Anxiety, Eating Disorders, ADD / ADHD and Medication Management

Location: 5525 Twin Knolls Rd., Suite 327  
Columbia, MD 21045

Providers: Kenneth Ellis, M.D.  
Susan Minsky, M.D.

*\*\*Participates with most major insurance plans\*\**

**9. Committed to Change**

(240) 580-1919 / F (443) 276-6712

Specialties: ADHD, Depression, Anxiety, Eating Disorders, Weight Management, Substance Abuse and more

Location: 200 Glen St.  
Suite 302  
Cumberland, MD 21502

Providers: Rajendra Lowtan, M.D. Dr. Trina Redmond-Therapist  
Suzanne Bradenburg - LCPC Amie Albright, LGSW  
Nebojsa Zimonjic, LCPC Mike Sherman, LGSW  
Bianca Stephens, LGSW Jerilyn Jackson, LGPC

*\*\*Does NOT participate with any insurance plan\*\**

**10. Congruent Counseling Services – [www.congruentcounseling.com](http://www.congruentcounseling.com)**

(410) 740-8066 / F: (410) 740-8068

Specialties: Depression, ADD/ADHD, and Anxiety

Locations: 10630 Little Patuxent Pkwy 7533 Main Street  
Suite 209 & 209A Sykesville MD 21784  
Columbia, MD 21044

Providers: Joshua Rosenthal, M.D. Mitchell Mathis, M.D.  
Gina Rassa, MS, LCPC

*\*\*Participates with some insurance plans\*\**

**11. Crossroads Psychological Associates, LLC – [www.crossroadspych.net](http://www.crossroadspych.net)**

(410) 992-7288 / F (410) 997-2880

Location: 10774 Hickory Ridge Rd.  
Columbia, MD 21044

Providers: Thomas Stacy, Ph.D. David Gold, Ph.D.  
Stephen Gaeng, Ph.D. Laura Renbaum, M.D.  
David Band, M.D.

*\*\*Does NOT participate with any insurance plan\*\**

**12. Family & Children's Services – [www.fcsmd.org](http://www.fcsmd.org)**

(410) 997-3557

Location: 10451 Twin Rivers Rd., suite 100  
Columbia, MD 21044

*\*\*No Insurance Information available\*\**

- 13. Forensic Defense Center - Scott Alpert, M.A., LCPC - [www.forensicdefensecenter.org](http://www.forensicdefensecenter.org)**  
(410) 365-1228

Specialties: Adolescent drug and alcohol treatment, drug testing, DNA testing

Locations in Catonsville & Harford County

*\*\*Pricing Information on Website*

- 14. Gifts, LLC**  
(410) 356-2007

Location:	20 Crossroads Dr. Suite 105 Owings Mills, MD 21117	Providers:	Dr. Akintunde Morakinyo Nazanin Sputtier, LPC Dr. Melanie Rowson
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*\*\*Participates with some insurance plans\*\**

- 15. Howard County Mental Health Authority – [www.hcmha.org](http://www.hcmha.org)**  
(410) 313-7350

Location: 9151 Rumsey Road, Suite 150  
Columbia, MD 21045

- 16. Innovative Psychiatry, LLC – Dr. Andy Mattai**  
(443) 225-4505

Specialties: Ages 11 and over, ADHD, Medication Management, Depression

Location: 8850 Columbia 100 Parkway  
Suite 403  
Columbia, MD 21045

*\*\*Does NOT participate with any insurance plan\*\**

- 17. Integrative Counseling, LLC – [www.integrative-counseling.com](http://www.integrative-counseling.com)**  
(410) 740-8067 / F: (410) 740-8068

Specialties: Anger Management, Interpersonal Violence Program, Substance Abuse or addition Education Treatment, Individual, Couple or Family Counseling, Psychiatric Medication Management

Location: 10630 Little Patuxent Pkwy.,  
Suite 209  
Columbia, MD 21044

*\*\*Participates with some insurance plans\*\**

- 18. Jewish Federation of Howard County** – [www.jewishhowardcounty.org](http://www.jewishhowardcounty.org)  
(410) 730- 4976

Location: 10630 Little Patuxent Pkwy.,  
Suite 400  
Columbia, MD 21044

- 19. Joy, Caitlin D. - Psy.D.** – [www.drcaitlinjoy.com](http://www.drcaitlinjoy.com)  
(410) 574-4405 / F (443) 546-3250

Specialties: Assessment of Children, Adolescents and Young Adults w/ADHD, Learning Disorders, Autism, etc.; Conducts Comprehensive Psychological Evaluations.

Location: 4785 Dorsey Hall Drive  
Suite 125  
Ellicott City, MD 21042

- 20. Kleinberg, Allen M.D.**  
(410) 803-1940

Location: 5720 Executive Drive  
Baltimore, MD 21228

*\*\*Does NOT participate with any insurance plan\*\**

- 21. Kumar, Amit - LGSW-C**  
(443) 252-2209

Specialties: Ages 13-19, Child or Adolescent, ADHD, Trauma and PTSD, Anger Management, Depression, Anxiety

Location: 1000 Century Plaza  
Suite 144  
Columbia, MD 21044

*\*\*Does NOT participate with any insurance plan\*\**

- 22. Lepore, Janice – Psy.D.**  
(443) 472-2093 / F (410) 321-9537

Specialties: Psychoeducational Assessments, Consultations

Location: 2324 W. Joppa Rd.  
Suite 420  
Lutherville, MD 21093

*\*\*Does NOT participate with any insurance plan\*\**

**23. MSA – The Adolescent Center – [www.msachild.com](http://www.msachild.com)**

(443) 259-0400 / F (443) 259-0044

Specialties: Behavioral Problems, Parent Support, Comprehensive Psychiatric Evaluations

Location: 10005 Old Columbia Rd.  
Suite L-260  
Columbia, MD 21046

Provider: Laurence Pezor, M.D.

*\*\*Participates with most major insurance plans\*\**

**24. Mobile Crisis Team / Grassroots**

(410) 531-6677

Specialty – Emergency Assistance for Psychiatric Crisis Situations

**25. Psych Associates of Maryland, LLC – [www.pamllc.us](http://www.pamllc.us)**

Specialties: ADD / ADHD, Anxiety, Depression, Bipolar Disorders, Anger Management, Eating Disorders, Family Therapy and more.

Locations:	120 Sister Pierre Dr. Suite 403 Towson, MD 21204 (P) 410-823-6408 (F) 443-279-0537	9520 Berger Rd. Suite 203 Columbia, MD 21046 (P) 410-290-6940 (F) 410-290-9763
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414 E. Main St.,  
Westminster, MD 21157  
(877) 456-6408

Providers: Abdul, Malik, M.D.  
Riffat Ashai, M.D.  
Peter Aines, PhD  
Joan Compere, LCSW-C

Samson Vimalananda, M.D.  
Misty Borst, M.D.  
Richard Baldi, PsyD, LCSW-C

*\*\*Participates with most major insurance plans\*\**

**26. Raiten, Terra – LGSW**

(410) 514-6059 / F: (410) 988-2869

Specialties: Ages 6-19, Child and Adolescent Depression, Family Conflict, ADHD, Anxiety, Behavioral Issues, and more

Location: 10015 Old Columbia Rd.  
Suite B-215  
Columbia, MD 21046

*\*\*Does NOT participate with any insurance plan\*\**

- 27. Santoro Psychological Services** – [www.santoropsychological.com](http://www.santoropsychological.com)  
(410) 988-5943 / F: (410) 988-5944

Specialties: ADHD, Depression, Eating Disorders, OCD, Loss or Grief, Divorce

Location: 2850 N. Ridge Rd.  
Suite 208  
Ellicott City, MD 21043

- 28. Sheppard Pratt Health System** – [www.sheppardpratt.org](http://www.sheppardpratt.org) or [www.waystationinc.org](http://www.waystationinc.org)

Location: 9030 Route 108, Suite A  
Columbia, MD 21045  
(410) 740-1901 / F (410) 740-2503

6501 N. Charles St. (Crisis Walk-in Clinic /Wineberg Bldg.)  
Baltimore, MD 21285  
(410) 938-3000  
(410) 938-3800 – Urgent Line  
Monday – Friday: 10:30am – 9:00pm  
Saturday: 1:00pm - 4:00pm / Saturday Assessments (410) 938-5302

- 29. Sparrow, Kathleen, Ph.D** - [www.cornerstonepsychology.com](http://www.cornerstonepsychology.com)  
(410) 730-8877

Specialties: Clinical Psychology, Neuropsychology, Weight Loss, Food Addiction

Location: 10808 Hickory Ridge Rd.  
Columbia, MD 21044

- 30. The Family Center** - [www.thefamilycenter.tv](http://www.thefamilycenter.tv)  
(410) 531-5087 / F (410) 997-2059

Specialties: ADD/ADHD, Anxiety, Depression, Anger Management, Aspergers Syndrome, and more.

Location: 4785 Dorsey Hall Dr.  
Suite 109  
Ellicott City, MD

Providers:	Gail K. Walter, Ph.D	Nicky Lankerani, D.O.
	Christopher Williams, LCDW-C	Alison Bomba, Psy.D
	Anne Arena, MA, CAS	Erin Stroll, Psy.D
	Michael Varhol, Psy.D	Janet Bradley, MS LGPC

*\*\*Does NOT participate with any insurance plan\*\**

**31. The Maryland Centers for Psychiatry – [www.marylandpsychcenters.com](http://www.marylandpsychcenters.com)**

Specialties: ADD, Anxiety, Developmental Disorders, Chronic Pain, Eating Disorders, and more.

Locations:	3454 Ellicott Center Dr. Suite 106 Ellicott City, MD (410) 461-3760 F (410) 461-0526	2525 Riva Rd. Suite 141 Annapolis, MD 21401 (410) 266-9230 F (410) 266-9231
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Providers:	Anissa Maroof, M.D. Kevin Harrison, M.D. Caroline Poblete, M.D.	Ulku Ulgur, M.D. July Clifford, Ph.D Manjiri Pansare, M.D.
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**32. The Thrive Center – [www.mythrive.net](http://www.mythrive.net)**

(410) 740-3240 / F (443) 276-6640

Specialties: ADD/ADHD, Bipolar Disorder, Depression, Trauma, Anxiety, Tic Disorders and more.

Location: 10440 Little Patuxent Pkwy.  
Suite 530  
Columbia, MD 21044

Providers:	Richard Silver, M.D. Anita Bajaj, M.D., MPH Emily Wells, PsyD	Devang Gandhi, M.D. Samantha Marks, PsyD Kara Goobic, PsyD
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*\*\*Does NOT participate with any insurance plan\*\**

**33. Waranch, Richard - Ph.D – [www.drwaranch.com](http://www.drwaranch.com)**

(410) 486-6001

Specialties: Behavioral Therapy, Behavioral Medicine

Location: 3655B Old Court Rd  
Suite 22  
Pikesville, MD 21208

*\*\*Participates with some insurance plans\*\**



## **Psychiatry at Local Hospitals**

### **Kennedy Krieger Institute**

Intake: 443-923-9400 (Autism Clinic, Feeding Clinic, etc.)  
Behavioral Clinic 443-923-7508 (Also at Howard County location)  
Neuropsych 443-923-4400

*\*\*All new patients must register through "Intake" first\*\**

### **Mt. Washington**

Main Number 410-578-8600  
Psychiatry 410-367-2222  
Feeding Clinic 410-578-5327

### **Johns Hopkins**

Dept of Psychiatry 410-955-9345