

Lucy Lubinski, Psy.D.

Dr. Lucy Lubinski is a licensed clinical psychologist in Maryland. Dr. Lubinski earned her Bachelor of Science in Biology and Psychology from Chatham College, Master of Science in Applied Developmental Psychology from the University of Pittsburgh, and both a Master of Science and Doctor of Psychology in Clinical Psychology from Philadelphia College of Osteopathic Medicine. Dr. Lubinski completed her APA-accredited internship within the Immaculata University Psychology Internship Consortium at Belmont Behavioral Hospital in Philadelphia, Pennsylvania and two years of postdoctoral fellowship in the Child and Family Therapy Clinic at Kennedy Krieger Institute/Johns Hopkins University School of Medicine.

Dr. Lubinski's background and training are grounded in cognitive behavioral therapy (CBT) and evidence-based practice. She received training in a variety of clinical settings throughout her doctoral education, including the Center for Management of ADHD, the Neuro-Oncology Program, and the Sleep Center at The Children's Hospital of Philadelphia as well as in the Department of Pediatrics at Cooper University Hospital in New Jersey. Dr. Lubinski also obtained advanced training in CBT at the Beck Institute for Cognitive Behavior Therapy. Additionally, Dr. Lubinski gained research experience during her graduate training, having worked on the research teams at the Aaron T. Beck Psychopathology Research Center at the University of Pennsylvania School of Medicine and in the Center for Pediatric Clinical Effectiveness at The Children's Hospital of Philadelphia.

Dr. Lubinski is credentialed through the National Register of Health Service Psychologists and is a member of the Maryland Psychological Association, Society of Clinical Child and Adolescent Psychology (APA Division 53), and Society of Pediatric Psychology (APA Division 54).